

GOOD FOOD FROM A WELL-TRAVELED ARMY WIFE



Services Available

- Recipe Development
- Freelance Writing
- Sponsored Posts
- Ad Placement
- Food Judging
- Product Reviews
- Speaking Engagements
- Media Kit Development
- Logo Development

Contact me for pricing and details

Noted Twitter Followers

- Food Network
- MasterChef on FOX
- Gordon Ramsay
- Ben Vaughn
- Vegas Seven Magazine
- Chile Pepper Magazine

Food Companies/Shows I've Worked With

- MasterChef on FOX
- King's Hawaiian
- Mazola
- Williams-Sonoma
- Sur la Table
 Chef's Catalog
- Sil-Pat
- Biscoff
- Saucy Mama Mustard

THE FOCUS

As an Army wife, I've traveled the world. I've been to 44 of the 50 states and to 26 countries. I've eaten unique delicacies in Korea, I've taken culinary classes at Le Cordon Bleu in Paris and I've devoured good ol' southern cooking throughout the U.S. Everywhere I've traveled has influenced my style and allowed me to add new zest to my recipes. Through my blog, I share my classic recipes and new experiments, so you, too, can add a little Zestuous to your life.

THE CHEF ~ CHRISTIE VANOVER

Cooking and communicating are my passions. During the week, I'm a flat hat-wearing Park Ranger. At night and on weekends, I'm forever in the kitchen. I love to cook and bake, and I especially love to develop new, Zestuous recipes.

What people are saying:

"This recipe was <mark>delish</mark>. A new favorite. <mark>And I</mark> think it was even better left over! ~Shelley

"Threw this together for guests tonight & they were blown away! (Me too!) Simple and super delicious - thanks for that!" ~Yazz

"Yum in an understatement" ~Cathryn

Zesties Those who follow

Zestuous are referred to as Zesties. Zesties are a unique group of food lovers from 122 countries and six continents. They range from home cooks to international foodies.

Top 10 Countries

United States Canada United Kingdom Australia Mexico Singapore Spain Philippines Germany Netherlands

Monthly Blog Stats

Unique Visitors: 18,556 Visits: 21,572 Page Views: 28,102

Social Media

Followers Facebook: 2,919 Pinterest: 751 Twitter: 334

Zestuous is also a member of three Pinterest boards that have a combined following of 83,510

Social Media

Monthly Reach Facebook Reach: 42,724 Impressions: 103,527

Pinterest Reach: 18,004 Impressions: 35,230 *stats as of August 11, 2013

stats as of August 11, 2015

102 recipes on FoodGawker

www.zestuous.com ~ goodfood@zestuous.com